

10 Day Fast - Day 8

Prayer

Imagine if everyone spent at least 15 minutes a day with God? What about 30 minutes? How about an hour? What wonderful works God would be doing everywhere.

“If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you.” – John 15:7



God hands over His authority to do mighty works. God does not give us authority to do mighty works outside of His will. This is where prayer comes in. While praying, we need to seek God and His will.

“Pray without ceasing.” – 1 Thessalonians 5:17

Once we are able to align our will with God’s, then He is able to allow us to perform miracles, spiritual and physical healing, cast our demons, etc... We should “Pray without ceasing” because our flesh is quick to use pride to trick us into doing the will of the enemy instead of our Father. That is why it is important when we pray to always invite Christ on the Throne of our Heart.

“Continue in prayer, and watch in the same with thanksgiving;” – Colossians 4:2

If we never cease prayer and continue in it while watching, we will be able to see the fruits God is creating. We will also have a greater understanding of our discernment and seeing the truth in the fruits from others. When we give thanksgiving, we humble our hearts to rid ourselves of pride. But, let’s be realistic. We have jobs, kids, lives... We have responsibilities and it’s tough to keep our minds on Christ all the time. What we should focus on is to rid our minds of the running list from the day focus on Him in that moment.

“And he said unto them, This kind can come forth by nothing, but by prayer and fasting.” – Mark 9:29

I believe the Bible is the true and pure word of God. When He says pray and fasting is important for breakthroughs, I would listen...

“Call unto me, and I will answer thee, and show thee great and mighty things, which thou knowest not.” – Jeremiah 33:3

Just a bonus here. God will reveal to us great and mighty things which we do now know about through calling on Him in prayer.

Pray today on **1 Thessalonians 5:17** and seek God to constantly be on your mind. He will lead your way, He will provide strength to do mighty works and give you your hearts desires when they are aligned with



Him (Psalm 34:7). Meditate on building a relationship with God built on trust, time, love and devotion to Him. God has mighty things for all of us, we need to be active and seek Him. Make it a resolution to spend at least 15 minutes a day in prayer and 15 minutes a day in the Bible this year.